

TCM Competency Examination in British Columbia

卑詩省中醫針灸執業人員專業執照註冊考試

Part I Acupuncture

第一部分 針灸

CANDIDATE HANDBOOK

考生參考手冊



The College of Traditional Chinese Medicine Practitioners
and Acupuncturists of British Columbia (CTCMA)

卑詩省中醫針灸管理局

Version 10 (Revised in 2011)

EXAM DATES IN 2011

The time, date and location of written and clinical examinations will be determined after the application deadline. The College will inform candidates of the time/locations of their exam(s) through the Candidates' Log-in page on our website.

Additional date(s) may be scheduled for the clinical exam depending on the number of candidates.

This handbook includes the policies and procedures for the TCM-Acupuncture Competency Examination. Although accurate at the time of publication, changes may take place without prior notice. While CTCMA will try to advise candidates of important changes, CTCMA reserves the right to make changes in fees, examinations, policies and procedures at any time without advance notice.

The most recent version of this Handbook, application forms and policies will be found on the CTCMA website (www.ctcma.bc.ca).

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General Information 一般規定

The Candidate Handbook describes the policies and procedures for the CTCMA's TCM-Acupuncture Competency Examination.

The regulatory body for Acupuncturists in British Columbia is the College of Traditional Chinese Medicine Practitioners and Acupuncturists of British Columbia (CTCMA). CTCMA will be referred to as 'the College' in this handbook. The College is responsible for governing Acupuncturists in accordance with the *Health Professions Act* and the *Traditional Chinese Medicine Practitioners and Acupuncturists Regulation of British Columbia*. The Registrar is the chief executive officer of the College.

Registration as an Acupuncturist under the *Health Professions Act* assures the public that Acupuncturists are capable of practicing competently and safely, and are accountable to the College for their practice. Practitioners must meet minimum standards of competency in order to be considered eligible to become registered as an Acupuncturist under the Act. Successful completion of the Full Registration Examination for Acupuncturist in British Columbia is one of the requirements for registration outlined in the College Bylaws.

The CTCMA Registration Committee determines whether an individual has completed an educational program that qualifies the individual to write an examination. The College ensures that the examination process is done in a manner that is fair and consistent. All correspondence with the College should be addressed to the REGISTRAR.

The Registrar

The College of Traditional Chinese Medicine Practitioners and Acupuncturists of British Columbia
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Purpose of the Examination 考試目的

The purpose of the Acupuncture Competency Examination is to determine if candidates have acquired the minimum entry-level competency for practice as an Acupuncturist. The public is thus protected when receiving treatment from registered professionals. The competency examination(s) must be written by all candidates, graduates from Canada and those completing their education outside of Canada.

The Examination is designed to assess knowledge, skills and abilities required for practice (Please refer to attached Exam Specifications for details). A passing result on the examination indicates that the candidate has demonstrated the minimal standard of competence. A fail result indicates that the candidate has not yet demonstrated the minimal standard of competence.

IMPORTANT NOTICE:

- **Candidates must obtain a passing mark in the written component of the examination BEFORE advancing to the clinical component of the examination.**
- **Starting from 2009, applicants who have completed their training in a program located in another regulated Canadian jurisdiction are required to successfully pass the examination in that jurisdiction before being eligible for CTCMA registration. Such a registrant is not eligible for the CTCMA examination.**
- **Starting from 2010, all applicants must submit the proof of completion of 2-year university education when applying for the competency examinations.**
- **Both written and clinical examination results are valid for 3 years from the date of the examination result notification letter**
- **Applicants for full registration must be authorized under the laws of Canada to work in Canada as per CTCMA Bylaws Section 48. This is not a requirement for examination applications but is mandatory for those who pass the examination and are ready to apply for registration.**

(1) Application, Fees and Eligibility 報名與收費

Candidates must be deemed eligible by the CTCMA Registration Committee to take a CTCMA Competency Examination, i.e. each candidate must meet the minimum requirements set out in Schedule E of the CTCMA Bylaws at the time of application. Each candidate must submit an application package to the College (Attention: Registrar). A completed application form, all required fees and documents

must be received at the CTCMA office by the application deadline. **Incomplete applications will be rejected automatically.**

Minimum required educational hours must be completed prior to submission of application. BC legislation requires each student to be a current student registrant of CTCMA **before** undertaking clinical training in BC. CTCMA **will not** recognize any clinical training undertaken in BC without student registration.

Each candidate must be deemed eligible to take the exam by the Registration Committee. Eligibility for the examination is for the current examination process only. Candidates who withdraw from the current examination process, or do not take the current examination will **NOT** be eligible to take any subsequent examination. Candidates are required to re-apply for eligibility to take a subsequent exam and applications will be evaluated against the criteria in place at the time of application. That is, the candidate’s eligibility to sit for the current examination does not guarantee that he/she will be eligible for subsequent examinations. The eligibility criteria are subject to change.

Title	Examinations required				Minimum required educational hours (Refer to Schedule E of our bylaws for the hours required for each subject area)
	Acupuncture		Herbology		
	Written	Practical	Written	Practical	
To become R.Ac.	✓	✓	-	-	1,900 hrs including 450 hrs of practicum completed in a minimum of 3 academic years
To become R.TCM.H	-	-	✓	✓	1,900 hrs including 450 hrs of practicum completed in a minimum of 3 academic years
To become R.TCM.P	✓	✓	✓	✓	2,600 hrs including 650 hrs of practicum completed in a minimum of 4 academic years

• **Credential Evaluation Report**

Graduates of TCM/A training programs outside Canada, or applicants who received their 2-year university education outside Canada, are required to submit a credential evaluation report from the International Credential Evaluation Services (ICES). The ICES website address is www.bcit.ca/ices/.

Exceptions: An applicant does not have to provide an ICES report to CTCMA if

- CTCMA accepted an application for student registration before December 2009 which included proof of 2-year university education, or
- CTCMA accepted an application to write a competency examination which included proof of TCM/A education completed outside of Canada

Please see detailed information about credential evaluation report from “Checklist of Required Application Documents” on Page 7 of this Handbook or CTCMA website.

- **Two Year University Requirement**

Applicants are required to show completion of not less than two (2) years of liberal arts or sciences study (comprised of at least 60 credits) in an accredited college or chartered/approved university acceptable to the registration committee.

Exceptions: An applicant does Not have to provide proof of two years university education to CTCMA if

- The applicant is retaking the competency examination, or
- The applicant is currently a CTCMA full or grandparented registrant

There is a limited number of candidates who can be accommodated at each exam. Seating capacity is limited. You are not guaranteed a seat at the exam by 1) submitting the application before the deadline; 2) having access to the online account. You must check your application status on the Candidate Log-in page.

(2) Checklist of Required Application Documents 考試申請文件清單

- Completed and signed application checklist
- Completed and signed application form
- Proof of TCM education as per Schedule E:
 - a. For TCM education completed within Canada:
 - Official transcript in an envelope sealed by the training institution (**New Requirements for Transcripts effective July 1, 2010** – available at <http://www.ctcma.bc.ca/competency.asp>)
 - b. For TCM education completed outside Canada ***No exceptions***:
 - **Basic** Credential Evaluation report issued by ICES with copy of transcript attached – **original and sent directly to CTCMA by ICES (Please arrange to have an official transcript sent directly by the training institute to ICES to complete the request of credential report)**
- Proof of 2-year university education as per TCM Bylaws Section 48 (**if not submitted previously**):
 - a. Official transcript for 2-year University education completed **within Canada**
 - b. Original **Basic** ICES report for 2-year University education completed **outside Canada**
- Signed **Consent Form** for Criminal Record Check by CRRP (BC Ministry of Public Safety & Solicitor General)
- All fees including Application Fee, Examination Fee (written and/or clinical), Translation Fee (if applicable)
- Recent photo (1½”W x 2”L)
- Photocopy of one piece of photo identification (i.e. passport, driver’s license)

(3) Dates and Location 考試日期與地點

Exam Candidate Log-in will be available on the CTCMA website (www.ctcma.bc.ca) after August 22, 2011. You must log-in to the **Exam Candidate Log-in** page on the CTCMA website (www.ctcma.bc.ca) for information on the status of your exam application, exam dates, times, locations, exam results and fee receipt.

If you are a:

- Current registrant/student-registrant, your **username** is your REGISTRATION number (do not include letters, i.e. S11115FC = 11115). Your **password** is your date of birth.

- New applicant (non-registrant), your **username** is an APPLICATION number sent to you by mail before August 20, 2010. Your **password** is your date of birth.

After you log-in for the first time, you will be able to change your username and password. CTCMA will not be able to retrieve changed username/password for you so please keep this information in a safe place. The time, date and location at which each candidate takes the written and clinical examinations will be determined after the deadline for applications. The College will inform candidates of the time/location of their exam(s) through the Candidates' Log-in page on our website. Depending on the number of candidates, additional date(s) may be scheduled for the clinical exam.

(4) Refund Policy 退款政策

Please note that the application fee is non-refundable.

- **Withdrawal:**

Requests to withdraw from the examination must be made in writing and must be received by the Registrar before the withdrawal deadline to obtain a refund of the examination fee. Verbal withdrawals are not accepted. If withdrawal requests are NOT received by the deadline, no portion of the application/examination fee will be refunded. Please note that NO deferral is allowed.

- **Absence from the Examination:**

A candidate who is absent from the examination due to unforeseen circumstances (e.g. illness, death in the family) must submit written notification to the Registrar within fourteen (14) days of the examination date to apply for a refund. The CTCMA Registration Committee will determine if a refund of the examination fee should be issued to the candidate.

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Examination Procedures 考試規則

In order to ensure that the examinations are administered in a standardized manner, candidates must adhere to the following procedures:

1. Before the examination begins, a candidate must register for the examination by presenting at least one piece of identification bearing the candidate's name, photograph and signature (e.g., passport, driver's license, etc.). **Arrive early at the exam site to allow time for this registration process.**
2. Only the candidates, examiners and examination invigilators will be allowed into the examination rooms. Candidates must not leave an examination room during the course of the examination without an examiner's permission.
3. Candidates requesting a washroom break during the examination will be escorted. Extra time to complete the examination will not be afforded to these candidates.
4. **Candidates must not convey information in any manner whatsoever to other candidates during and/or after the examination.** Any questions or comments candidates may raise during the examinations must be directed to an examiner or examination invigilator.
5. Upon completing an examination, candidates must hand in their examination booklets, answer sheets, and **all notes they made during the examination** to an examiner or examination invigilator.
6. Candidates are expected to use the nomenclature for acupuncture points taken from the World Health Organization's Standard Acupuncture Nomenclature, Parts 1 and 2 (See references in Appendix B of this document).
7. Arriving for Examination: (a) Candidates who arrive after the commencement of the examination may not be permitted to write the exam. (b) Candidates must arrive at designated time as stated on the website.
8. Candidates are **not** allowed to bring any notes, books or other reference materials into the examination rooms. **No** electronic devices of any kind are permitted. **No** electronic or paper medical or technical dictionaries are permitted. Dictionaries (in printed form) for general language translation must be approved by the examiner prior to the beginning of the examination.
9. No food or drinks (except bottled water) are allowed in the examination room, unless a medical report is submitted at time of application.

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Confidentiality and Security of Test Materials 保密守則

Security precautions eliminate unfair advantages among the candidates and avoid the high human/financial costs of replacing examination materials. That is why the strictest security measures are taken to protect the content of the examination before, during and after the examination.

All examination materials are protected by copyright. The College takes strict security measures to protect examination materials during all phases of development and administration including: development and review of material; reproduction, transportation and disposal of materials; and administration of material to candidates.

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Accommodation for Special Needs 特殊安排

Reasonable accommodation will be made for a special needs candidate. Alternative accessible arrangements under comparable testing conditions may be available to a candidate with special needs. Documentation (for example, physician's report or letter, educational assessment, accommodation provided by the institute of training) must be received with the application for consideration prior to the examination. Requests for accommodation of special needs will be considered on a case-by-case basis.

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Rules of Conduct for the Examination 考場規則

Candidates are subject to the Rules of Conduct as described below. Candidates who contravene the Rules of Conduct may be denied participation, may have results invalidated and/or may be denied admission to the examination. Each candidate, by the act of participating in a College examination, agrees to the following Rules of Conduct:

1. Candidates acknowledge that the examination and the items therein are the exclusive property of the College.
2. Candidates acknowledge that they can NOT remove any part of the examination from the test site, nor can they give or receive assistance during the examination.
3. Candidates acknowledge that their behavior before, during and after the examination must be such that it does not disturb other candidates. This includes unnecessary questioning of examination policies and procedures, disruptive comments about the examination, or other behavior that in the opinion of the examination invigilators could cause anxiety for other candidates.
4. Candidates acknowledge that their participation in any act of cheating, as described below, may be sufficient cause for the College to terminate their participation, to invalidate the results of their examination, or to take any other necessary action.
5. Cheating refers to any act or omission by a candidate that could affect the result of that candidate, another candidate, or a potential future candidate. These acts include:
 - (A) non-eligible individuals posing as eligible candidates;
 - (B) bringing study materials to the test area;
 - (C) giving or receiving assistance during the examination;
 - (D) removing or attempting to remove examination material by any means, electronic or otherwise, from the testing site;
 - (E) receiving or giving information about the written component or the clinical component **either before or after**¹ the examination. For example, releasing information about questions such as diagnosis, or tasks and activities involved in the examination. **Note: this**

¹ Debriefing increases the understanding of examination. Information gained in debriefing could act as an unfair advantage to unsuccessful candidates on future examinations. Confidentiality of information should be considered in the same way as confidentiality of patient information; the duty to maintain confidentiality is continuous.

includes discussing exam items or other information about the exam with examiners or other candidates after the examinations.

~~Protocol in the Event of Suspected Cheating~~

1. If the examiners and/or examination invigilators suspect that cheating may have occurred, they may confiscate a candidate's test materials, as well as other documents or objects or materials that could be used for cheating, **and** require the candidate or other person(s) to leave the examination site. The College reserves the right to photograph candidates or groups of candidates for later use as evidence and to use monitoring and surveillance technologies to detect and document cheating.
2. Candidates may be asked to change their seats during the examination if they are suspected of cheating.
3. The examiners and/or the examination invigilators would report any suspected cheating to the Registrar or designate (herein known as the "Head Invigilator").
4. The Head Invigilator shall conduct appropriate investigations of the alleged cheating and shall make one of the following decisions:
 - Declare that the occurrence of cheating was not established,
 - Declare that cheating did occur.
5. If the Head Invigilator declares that the occurrence of cheating was not established, the candidate's score shall be released, if possible, or the candidate shall be permitted to sit the next available examination without charge.
6. Cheating may be declared at any time after a candidate has registered and includes the time after the examination as well as after results have been released.
7. If the Head Invigilator declares that cheating did occur, one or more of the following may occur:
 - The candidate will be deemed to have failed the examination.
 - The Head Invigilator shall report findings to the Examination Committee of the College,
 - The candidate may be prosecuted,
 - The College may deny further access to the examination.



Format of the Examination 考試型態介紹

The examination consists of two parts: written and clinical. Candidates are required to pass the written exam before advancing to take the clinical exam. Upon passing the written exam, the candidate will be automatically scheduled for the next upcoming clinical exam.

All Acupuncture points selected for examination are from the 12 regular meridians, the Governor and Conception Meridian points, extra points and auricular points.

Acupuncture points will be referred to by the Pinyin names and WHO standard nomenclature. For extra points, Reference Code will also be used wherever possible. (Reference for Point location can be found in section 14; Standard Acupuncture Nomenclature is attached in Appendix B)

☞ **Written Examination** 筆試部分

The written examination is made up of 200 multiple-choice items. All 200 items are of equal value. No marks will be deducted for incorrect responses; therefore, candidates should attempt to answer every item. The length of time allowed for completing the written examination is four (4) hours.

All multiple-choice items are comprised of a question or incomplete statement followed by four (4) alternative answers or completions. Candidates must indicate the best answer or completion for an item to receive the mark for that item. The items may be based on concepts, theories, clinical situations or diagrams. Examples of the different types of items and instructions for answering the items are provided in Appendix A.

☞ **Clinical Examination** 術科（操作）考試部分

The Acupuncture clinical examination will consist of demonstration and point location components. The examination will be offered in English or Mandarin based on candidate's choice.

PART I DEMONSTRATION COMPONENT

In this component, you will be guided and told step by step the procedures to perform. The clean field technique is required. You do not have to wash your hands, but you are required to use hand sanitizer (alcohol-based hand disinfectant provided) at all times that clean needle technique requires hand washing

The demonstration component may include following procedures:

- Set up a clean field
- Needle insertion
- Needling techniques
- Needle withdraw and disposal
- Clinical situation management (oral examination)

There will not be a live model used in this component, Candidates will be required to demonstrate needling procedure on an inanimate object. The inanimate object is a foam form in the shape of a two-dimensional human body. The candidate is expected to consider the object in the same manner as they would a human patient. The candidate will be marked accordingly.

Candidates are required to bring with them all the equipment necessary for the examination. In particular, each candidate is required to bring a bag/box of equipment on which the candidate's name is clearly labeled and which includes:

- (a) Clean field cloth on which to place equipment.
- (b) Pre-packaged, sterile, disposable needles with guide tubes. Bring at least six of these needles in sizes 1.0 to 1.5 inches/cun (25 to 40 mm). The sterility expiration dates, as marked by the manufacturer, must be visible.
- (c) Pre-packaged, sterile alcohol swabs. Bring at least six of these swabs.
- (d) **An impervious, sealable, commercially made container designed specifically as a disposal unit for used or contaminated needles.** These containers must be clearly labeled "contaminated needles". Containers of this kind are available from medical waste management companies and pharmacies. Any other containers are not acceptable.
- (e) A container for other waste materials clearly labeled "waste container." A sealable plastic bag is suitable as the waste container. Candidates should provide pre-packaged, sterile gauze pads or cotton balls, latex gloves and forceps. Actual hand washing will not be required but verbal knowledge of hygienic procedures will be required.

Hand sanitizer (alcohol-based hand disinfectant) will be provided by CTCMA. Please note it is an alternative hand washing method when soap and water are not available. Hand washing with disinfecting

soap and running water is still the most effective and strongly recommended form of hand washing.

Clinical Situation Management – Oral examination

In the Oral examination the examiners will describe clinical situations and ask the candidate for his/her management of such situations and the rationales for such management. The clinical situations presented to the candidate will involve controlling risk factors and may involve exposure control plans, establishing and maintaining a clean and safe practice environment, practitioner health and hygiene, record keeping and accident management

The length of time allowed for completing demonstration component will be announced by your examiners during the examination. The examination may be audio-taped.

In the event that a candidate performs or advises an action that would cause a patient to be put at significant risk, the candidate may receive a failing grade from CTCMA.

For the purpose of candidate preparation, a demonstration video will be available in the Exam Candidate Log-in on the CTCMA website.

PART II POINT LOCATION COMPONENT

You will be asked to write down the location, insertion depth and angle of 14 acupuncture points using anatomical references wherever possible. Candidates will also be required to identify certain acupuncture points that require precautions, and identifying the reasons for those precautions. Acupuncture points selected for this component are from the 12 regular meridians, the Governor meridian, Conception meridian and extra points.

The length of time allowed for completing the point location component is forty (40) minutes.

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Scope of Written Examination 筆試

The scope of the written examination corresponds with the Core Competencies for Acupuncturists (available from the College for \$20 a copy, or can be downloaded for free from the College's web site at <http://www.ctcma.bc.ca/applicants.asp>). The examination tests knowledge in the following subject areas:

Unit of Competence	Subject Area	Suggested %	Range (%)
1.	Foundation of Competencies (includes biomedicine)	10%	7-13%
2.	Acupuncture Points	10%	7-13%
3.	Diagnostic Process	20%	15-25%
4.	Treatment Objectives and Planning	10%	7-13%
5.	Treatment Techniques	10%	7-13%
6.	Treatment of Diseases	30%	25-35%
7.	Equipment and Safety	3%	2-4%
8.	Communication Skills	2%	1-3%
9.	Collaboration with Other Care Givers	2%	1-3%
10.	Professional, Legal & Other Aspects	3%	2-4%

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Scoring and Passing Grades 閱卷與及格標準

To be registered as an acupuncturist in British Columbia, a candidate must pass both the written and clinical components. The passing scores are determined by the Examination Committee with the assistance of the College's psychometrician and the Examination Development Team. Examination results will be posted on the Candidates' log-in page on our website and the hard copy will be mailed. Results will NOT be given over the telephone or by fax.

Written Exam

A total of 200 multiple-choice items in the examination reflect both the content weightings described in the Table of Specification as well as a range of cognitive behaviour levels. Each test item undergoes an extensive review by item developers before appearing on a draft of the examination, followed by a technical edit and a timing pilot. Item responses are scanned at an independent scanning service and the item statistics (psychometric properties of each item) are produced at the initial stage of analysis. Based on these results, items undergo a further review by content experts prior to calculating final scores and producing final test statistics. Following this procedure, results are run at the independent scanning service a second time, and candidates' scores and corresponding test properties are calculated.

Clinical Exam

The College has introduced new procedures in the marking and scoring of clinical components of its examinations starting in 2008. The new procedures have been developed in consultation with the College's psychometrician and are applied using an independent scanning service. These procedures are designed to enhance consistency and reliability. The College's introduction of such new procedures is in accordance with the evolution of best practices in competency assessment. The CTCMA continues to ensure the fairness and accuracy of examining for Candidates in a clinical setting.

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Re-scoring of the Examinations 申請複查

To have an examination reviewed/re-scored, a candidate must submit a written request to the Registrar within thirty (30) days of the date on the letter of notification. Please note that you have the responsibility to ensure that CTCMA has your current address. If you will be out of town, make other arrangements to receive your notification letter of results. The 30 day re-scoring period will not be extended. Candidates will be required to pay a \$200 fee per part of examination when requesting a rescore.

Candidates who fail the examination should be aware that their examination answer sheets have been scored according to psychometric best practices. The examination is considered valid and reliable. It should be noted that any additional re-scoring of the answer sheets is unlikely to alter the scoring results.

All results and decisions made by the CTCMA on the re-scoring of an examination are **FINAL**.

- Examination results are valid for **three (3) years** from the date of the College notification of results.
- Candidates must pass the written component of the examination before taking the clinical component.
- Candidates must take the clinical component of an examination while the results of the written exam component are still valid (within 3 years).
- A candidate who fails an examination may repeat the failed examination once within the next two consecutive sittings of the examination. If the candidate does not do this, a new application is required and will be evaluated according to policies in place at that time.
- Any candidate who fails an examination twice is not eligible to repeat the examination unless the candidate completes a **50-hour upgrading program** preapproved by the College.
- Any candidate who fails an examination three or more times is not eligible to repeat the examination unless the candidate completes a **50-hour upgrading program** preapproved by the College, and submits a new application to write the examination which will be evaluated according to policies current at that time.
- 50-hour Upgrading Program: if you are required to improve your skills/knowledge before repeating an examination, you must:
 - Submit the completed form, details of your proposed learning activities, with a description of the teacher/mentor, to the CTCMA for approval before you start the upgrading program.
 - Upon receiving approval, complete the proposed upgrading program **before the exam application deadline**.
 - Submit a request to the Registration Committee for approval to repeat the exam - accompanied by proof of your completed upgrading program.

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Choice of Language 語言選擇

Candidates may choose to take the written examinations in either English or Chinese and the clinical examinations in either English or Mandarin. Chinese translation fee will be charged on both written and clinical examinations.

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Additional Information 附加資料

1. **Limitations**

The CTCMA **cannot** advise or provide detail on matters under the jurisdiction of other institutions or governments, such as:

- a. Federal and provincial statutes, regulations and policies governing TCM/Acupuncture registration;
- b. facilities available for general or specialized experience;
- c. training or employment opportunities;
- d. reciprocity between TCM regulation bodies within or outside Canada;
- e. the conditions imposed by the Government of Canada for immigration;
- f. scholarships or funding

2. **Limits of Liability**

While the CTCMA takes reasonable steps to ensure the accuracy and completeness of information, resources and reports, the CTCMA is not responsible for damages in the event of errors or omissions. The CTCMA is not responsible for impacts of a personal, professional or financial nature. This includes such impacts as loss of income, loss of salary and/or expenses incurred by an employer, a contractor or a candidate. It is the responsibility of each candidate in registering for the examination to have read and understood the limits of liability. Further it is the candidate's responsibility to advise those interested parties (e.g., employers) about the limits of liability. By participating in the examination, each candidate agrees that he or she shall take no action or other proceeding against the CTCMA or any of its officers, employees or agents for an act done in good faith or for any neglect or default related to the Acupuncture Competency Examination.

3. Financial Assistance

The CTCMA does not offer financial assistance or information on possible sources of financial assistance. The CTCMA cannot waive or alter examination fees except as noted elsewhere in this handbook.

The CTCMA is a non-profit organization. The funds necessary for the administration of Acupuncture Competency Examination come from the fees paid for the examination by the candidates who take the examination.

4. Research

The CTCMA conducts research using non-identifying examination data, and may also provide this data to external researchers. By signing the application form, candidates consent to the use of non-identifying data for research purposes.

5. Privacy Policy

The CTCMA is committed to collecting, using and disclosing the personal information of its examination candidates responsibly and only to the extent necessary to provide effective services. The CTCMA is also committed to being transparent about how personal information of candidates is handled.

The College and Registration Committee suggest the following references may be helpful to candidates in preparation for the examination. This list is NOT exhaustive and Candidates are also encouraged to consult comparable references.

Foundations of Traditional Chinese Medicine:

1. **Chinese Acupuncture and Moxibustion** (1993) by Qiu Mao-liang, Zhang Shan-chen *et al.* Published by Longman Singapore Publishers Ltd. Distributed by Churchill Livingstone Inc., 650 Avenue of the Americas, New York, New York, 10011. ISBN: (unknown)
2. **Chinese Acupuncture and Moxibustion** (1999) Revised Edition. Cheung Xinnong (Chief Editor). Foreign Language Press Beijing ISBN: 7-119-01758-6
3. **Foundations of Chinese Medicine** (1987) by Giovanni Maciocia. Distributed by Churchill Livingstone. Robert Stevenson House, 1-7 Baxter Place, Leith Walk, Edinburgh, United Kingdom, EH1 3AF. ISBN: 0-443-03980-1
4. **Human Anatomy and Physiology** (3rd Edition) by Alexander P. Spence & Elliott B. Mason. Published by the Benjamin/Cummings Publishing Co. Inc., 2727 Sandhill Road, Menlo Park, California, USA, 94025. ISBN: 0-8053-6989-9

Diagnosis & Treatment:

1. **Chinese Acupuncture and Moxibustion** (1993) by Qiu Mao-liang, Zhang Shan-chen *et al.* Published by Longman Singapore Publishers Ltd. Distributed by Churchill Livingstone Inc., 650 Avenue of the Americas, New York, New York, 10011. ISBN: (unknown)
2. **Chinese Acupuncture and Moxibustion** (1999) Revised Edition. Cheung Xinnong (Chief Editor). Foreign Language Press Beijing ISBN: 7-119-01758-6
3. **Foundations of Chinese Medicine** (1987) by Giovanni Maciocia. Distributed by Churchill Livingstone, Robert Stevenson House, 1-7 Baxter Place, Leith Walk, Edinburgh, United Kingdom, EH1 3AF. ISBN: 0-443-03980-1
4. **Pulse Diagnosis** (1985) by Li Shi Zhen, translated by Hoc Ku Huynh. Published by Paradigm Publications, 44 Linden Street, Brookline, MA., USA, 02146. ISBN: 0-912111-06-2
5. **Tongue Diagnosis in Chinese Medicine** (1987) by Giovanni Maciocia. Published by Eastland Press, #400-119 First Avenue South, Seattle, Washington, USA, 98104. ISBN: 0-939616-04-1

6. **Guide to Physical Examination and History Taking** (5th Edition) by Barbara Bates, MD. Published by Blue Poppy Press, 1775 Linden Avenue, Boulder, Colorado, USA, 80304. ISBN: 0-912111-13-5
7. **The Medical Interview: Mastering Skills for Clinical Practice** (5th Edition) by John L. Coulehan and Marian R. Block. Published by F.A. Davis Company, 1915 Arch Street, Philadelphia, PA, 19103, USA, 2001.
8. **Practical Diagnosis in Traditional Chinese Medicine** by Tietao Dany *et al.* Published by Churchill Livingstone, 1999. ISBN: 0-443-04582-8
9. **Chinese Pulse Diagnosis** by Leon I. Hammer. Published by Eastland Press. P.O. Box 99749, Seattle, WA, 98199, USA, 2001. ISBN: 200113148
10. **Diagnosis in Chinese Medicine – A Comprehensive Guide** by Giovanni Maciocia, Published by Churchill Livingstone 2004, ISBN: 0-443-06448-2
11. **Atlas of Chinese Tongue Diagnosis** by Barbara Kirschbaum, Published by Eastland Press. P.O. Box 99749, Seattle, WA, 98199, USA, 2000, ISBN: 0-939616-33-5
12. **Diagnosis of Traditional Chinese Medicine** (2nd Edition) by Wang Lufen, Li Zhaoguo Bao Bai *et al.* Published by Publishing House of Shanghai University of TCM. ISBN: 81010-652-X/R-618
13. **Communication Skills for Medicine** by Margaret Lloyd. Published by Churchill Livingstone 2004. ISBN: 0-443-07411-9
14. **Acupuncture in Practice, Case History Insights for the West** (1997) by Hugh Macpherson, Ted Kaptchuk. Published by Churchill Livingstone, New York, 1997. ISBN: 0-443-05049X

Point Location:

1. **A Manual of Acupuncture** (1998) by Peter Deadman, Kevin Baker *et al.* Published by Eastland Press, #400-119 First Avenue South, Seattle, Washington, USA, 98104. ISBN: 0951054678
2. **Chinese Acupuncture and Moxibustion** (1993) by Qiu Mao-Liang, Zang Shan-chen, *et al.* ISBN: 0-443-04223-3.

Needling Technique & Safety:

1. **Clean Needle Technique for Acupuncturists** (1993). A manual, guidelines and standards for the clean and safe clinical practice of acupuncture. Published by the National Commission for the Certification of Acupuncturists (NCCA), #501, 1424 16th Street NW, Washington, DC, USA, 20036.
2. **A Manual of Acupuncture** (1998) by Peter Deadman, Kevin Baker *et al.* Published by Eastland Press, #400-119 First Avenue South, Seattle, Washington, USA, 98104. ISBN: 0951054678
3. **Acupuncture A comprehensive Text** (1981) Translated by John O'Connor and Dan Bensky. Published by Eastland Press. P.O. Box 99749, Seattle, WA, 98199, USA, ISBN: 0-939616-00-9

A number of these references are also available from:

<p>Harcourt Canada 55 Horner Avenue Toronto, Ontario M8Z 4X6</p>	<p>YCY Chinese Medicine & 1B3 Health 9253 Shaughnessy St. Vancouver, BC Canada V6B 6R4</p> <p>Email: ycyhealth@shaw.ca</p>	<p>Redwing Book Company 44 Linden Street Brookline, MA. USA, 02146</p> <p>Tel: (617) 738-4664 Fax: (617) 738-4620 Orders: 1-800-873-3946</p>	<p>Eastern Currents Distributing 9109 Shaughnessy St. Vancouver, BC Canada V6P 6R9</p> <p>Tel: 1-800-267-6868 (North America) Tel: 1-613-836-3004 (Worldwide) Fax: 1-613-831-9356</p>
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IMPORTANT NOTE ON POINT LOCATION:

Candidates for the CTCMA Acupuncture Competency Examination have graduated from recognized and approved training programs throughout the world. The Board of Examiners takes into consideration the variations in training program, and therefore, there may also be variations in point nomenclature and point location I therefore, please be advised that ALL POINTS that are selected for testing are in accordance with the following:

1. Candidates are expected to use the nomenclature for acupuncture points taken from the World Health Organization's Standard Acupuncture Nomenclature, Parts I and 2. (This is attached in Appendix B)
2. All points selected for testing are selected from the 12 regular meridians, the Governor and Conception Meridian points, extra points and ear points.
3. **Chinese Acupuncture and Moxibustion** (1993) by Qiu Mao-Liang, Zang Shan-chen, *et al.* Published by Longman Singapore Publishers Ltd. Distributed by Churchill Livingstone Inc., 650 Avenue of the Americans, New York, New York, 10011. ISBN: (unknown).
4. **A Manual of Acupuncture** (1998) by Peter Deadman, Kevin Baker *et al.* Published by Eastland Press, 1240 Activity Drive, #D Vista, CA 92083, USA. ISBN: 0-9510546-7-8

Appendix 附 錄

Appendix A Instructions Regarding the Written Examination and Examples of Items
附 錄 A 筆試部分應試須知及考試題型範例



Appendix B Standard Acupuncture Nomenclature
附 錄 B

Appendix C Traditional Chinese Medicine Practitioners and Acupuncturists Regulation of
British Columbia
附 錄 C 卑詩省中醫針灸法規

Appendix D Standards of Practice for Registrants
附 錄 D

Appendix A
附 錄 A



	Instructions Regarding the Written Examination and Examples of Items
	筆試部分應試須知及考試題型範例

IDENTIFICATION OF EXAMINATION BOOKLETS AND ANSWER SHEETS

1. USE ONLY PENCIL to mark the answer sheet. **DO NOT USE INK.**
2. On the blue General Purpose Answer Sheet provided:
 - a. In the section labelled NAME, print your NAME (Surname, Given name and Initial) (one letter per column). Fill in the corresponding circle below each letter.
 - b. In the section labelled SEX, fill in M for male and F for female.
 - c. In the section labelled GRADE or EDUC, fill in "0" if the paper is written in English or fill in "1" if it is written in Chinese.
 - d. In the section labelled BIRTHDATE, fill in your birth date.
 - e. In the section labelled IDENTIFICATION NUMBER, enter the five-digit EXAM APPLICATION NUMBER in columns A, B, C, D and E. Fill in the corresponding circle below each digit.
 - f. In the section labelled SPECIAL CODE, enter the four-digit EDUCATION RESOURCE CODE (ERC) in columns K, L, M and N (one digit per column). Fill in the corresponding circle below each digit. The ERC can be found on the other side of this sheet.

Table of the Education Resource Code (ERC)

Education resource/school	Code
Academy of Classical Oriental Sciences	1111
Canadian College of Acupuncture and Oriental Medicine	1112
Canadian College of Oriental Medicine	1113
Central College	1114
ICTCM Vancouver	1117
ICTCM Victoria	1118
Metropolitan Institute of TCM	1119
Merinol College	1120
Oshio College of Acupuncture and Herbology	1121
Shang Hai TCM College of BC Canada	1122
PCU College of Holistic Medicine	1123
Pacific Rim College	1124
Western Canadian Institute of TCM Practitioners	1125
Vancouver Beijing College of Chinese Medicine	1127
Other TCM Schools in North America	1200
TCM Schools in Mainland China	2200
TCM Schools in Hong Kong	2300
TCM Schools in Taiwan	2400
TCM Schools in Korea	2500
All Others TCM Education Resources	2600

Example of the **Blue General Purpose Answer Sheet**

The image shows a sample of a blue general purpose answer sheet. It features a grid of circles for marking answers. The top section is for the NAME (Last, First, M.I.), with the example name 'WONG PETER' printed across the grid. Below the name grid is a section for SEX, with 'M' (Male) and 'F' (Female) options. To the right of the name and sex grids is a vertical column for GRADE OR EDUC, with options 0 and 1. Below these is a section for BIRTHDATE, with columns for MO., DAY, and YR. Below the birthdate grid is a section for IDENTIFICATION NUMBER, with columns A through P. Below the identification number grid is a section for SPECIAL CODES, with columns K through P. The example shows the name 'WONG PETER', sex 'M', grade '0', birthdate '267401993', and identification number '1150'. The special codes are blank.

IMPORTANT: ANSWER SHEETS

1. Ensure that your name, examination title and examination booklet number are properly recorded on your answer sheet.
2. With the exception of the information recorded in the identification area, **DO NOT MARK THE ANSWER SHEET ANYWHERE EXCEPT IN THE ANSWER CIRCLES.**
3. The answer sheets are marked by optical scanner.

To indicate a response **BLACKEN** the appropriate circle with your pencil. Please note that the mark you make must be **DEFINITE** and **BLACK**, otherwise the optical scanner may not sense it, resulting in an unanswered or omitted item.

4. **ONLY RESPONSES RECORDED ON THE ANSWER SHEET WILL BE SCORED.** You are advised not to mark your responses in the examination booklet with the intention of transferring them later to the answer sheet. You will **NOT** be given extra time to record or transfer responses from the examination booklet to the answer sheet.
5. **ALL ITEMS** are equally weighted. Correct responses are worth 1 mark; incorrect responses are worth zero marks.
6. It is to your advantage to answer every item even if you are not completely satisfied that you know the correct answer. There is no penalty for guessing.
7. Any item which is omitted, that is, for which no answer circle has been shaded in, will be treated as incorrect.
8. Any item which has more than one response selected, that is, more than one answer circle has been shaded in on the answer sheet, will be treated as incorrect.
9. Any item in which a response has been poorly erased and the optical scanner detects two or more shaded answer circles will be treated as incorrect.
10. If you think that an item is misprinted or incorrect, answer the item to the best of your ability with the information provided. The item along with other items which do not perform according to expectation will be identified for review prior to final scoring. These items may be rekeyed or if faulty, deleted from the final scoring.
11. In order to improve the exam, a limited number of trial items may be included from time to time. These items may appear in some or all of the test booklets and will **NOT** be included in the scoring.
12. It is suggested that you start to answer the items at once rather than try to read through the paper first and then start recording your answers, otherwise you may run out of time.
13. Failure to return this complete examination booklet and/or a properly completed answer sheet will result in a mark of zero.

The written examination is made up of 200 multiple choice items. The format of all items is of a question or incomplete statement followed by four (4) to five (5) alternative answers or completions. Candidates must indicate on the answer sheet the best answer or completion for an item to receive the mark for that item.

Items may be based on concepts, theories, clinical situations or diagrams. Following are examples of the different types of items.

Item: According to the Five Elements theory, the Element to which the Lungs belong is

1. Water.
2. Wood
3. Metal.
4. Earth.
5. Fire.

The best response is Metal, and would be marked thus on the answer sheet:

①②③④⑤

A variation of this format is one or a group of items based on a brief case history. For example:

A male patient in his early 30s comes to you complaining of chronic mild achiness and weakness in the lumbar area and both knees. He says that his backache always becomes worse after physical exertion, and resting in bed is the only way that he can ease the pain. He tends to need more sleep than the average person.

The patient's pulse is deep, his general appearance is pale and he complains of general fatigue.

Item: This condition is characteristic of

1. phlegm accumulation in the lower heater.
2. trauma to the lower back.
3. pathogenic Wind, Cold and Dampness in the meridians.
4. Xu (deficiency) of Kidney Qi.

The best response is Xu (deficiency) of Kidney Qi, and would be marked thus on the answer sheet:

①②③④⑤

Item: Your treatment principle for this case would be to

1. stimulate dispersal of phlegm by promoting excretion.
2. disperse the pathogenic factors and build Wei Qi.
3. tonify Kidney Qi.
4. promote the flow of Qi and blood to speed healing.

The best response is to tonify Kidney Qi, and would be marked thus on the answer sheet:

①②③④⑤

Item: Which of the following combinations of points would you select for treatment of this disorder?

1. B 23 (Shenshu), GV 4 (Mingmen), K 3 (Taixi)
2. GV 26 (Shuigou), B 40 (Weizhong), B 23 (Shenshu), GV 3 (Yaoyangguan)
3. B 25 (Dachangshu), B 60 (Kunlun), S 25 (Tianshu)
4. B 20 (Pishu), Sp 6 (Sanyinjiao), S 36 (Zusanli)

The best response is B 23 (Shenshu), GV 4 (Mingmen), K 3 (Taixi), and would be marked thus on the answer sheet:

①②③④⑤

A second variation of this format is one or a group of items based on a diagram. For example:

Item: Which one of the points shown on the diagram above is the tonification point of the Lung meridian?

1. U
2. V
3. W
4. X

The best response is V, and would be marked thus on the answer sheet:

①②③④⑤

Appendix B
附 錄 B



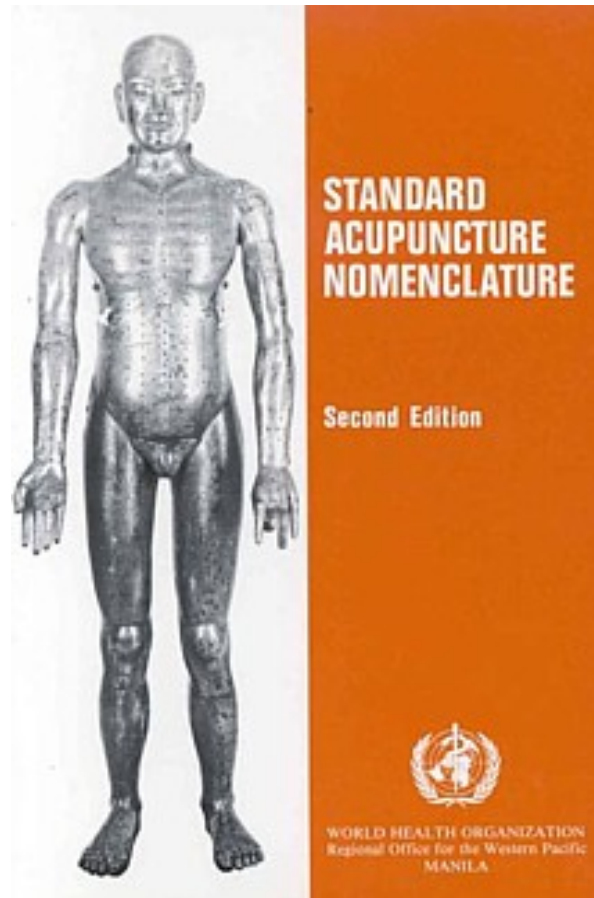
Standard Acupuncture Nomenclature



Appendix B

Standard Acupuncture Nomenclature

Available on the World Health Organization (W.H.O.) website at:
http://www.wpro.who.int/publications/pub_9290611057.htm



Standard Nomenclature of Extra Points

經外奇穴名稱中英繁簡對照表

Head & Neck 頭部與頸部/头部与颈部

Reference Code ¹	W. H. O. Code ²		
EXTRA 1	Ex-HN-1	Si Shen Cong	四神聰/四神聰
EXTRA 2	Ex-HN-3	Yin Tang	印堂/印堂
EXTRA 3	Ex-HN-4	Yu Yao	魚腰/魚腰
EXTRA 4		Shang Ming	上明/上明
EXTRA 5	Ex-HN-5	Tai Yang	太陽/太陽
EXTRA 6	Ex-HN-7	Qiu Hou	球後/球後
EXTRA 7		Bi Tong	鼻通/鼻通
EXTRA 8	Ex-HN-12	Jin Jin	金津/金津
EXTRA 8	Ex-HN-13	Yu Ye	玉液/玉液
EXTRA 9		Jia Cheng Jiang	夾承漿/夾承漿
EXTRA 10		Qian Zheng	牽正/牽正
EXTRA 11	Ex-HN-14	Yi Ming	翳明/翳明
EXTRA 12		An Mian	安眠/安眠
	Ex-HN-2	Dang Yang	當陽/當陽
	Ex-HN-6	Er Jian	耳尖/耳尖
	Ex-HN-8	Shang Ying Xiang	上迎香/上迎香
	Ex-HN-9	Nei Ying Xiang	內迎香/內迎香
	Ex-HN-10	Ju Quan	聚泉/聚泉
	Ex-HN-11	Hai Quan	海泉/海泉
	Ex-HN-15	Jing Bai Lao	頸百勞/頸百勞

¹ Chinese Acupuncture and Moxibustion (1993) by Qiu Mao-liang, Zhang Shan-Chen *et al.* Published by Longman Singapore Ltd. Distributed by Churchill Livingstone Inc., 650 Avenue of the Americas, New York, New York, 10111. ISBN: 0-443-04223-3

² Standard Acupuncture Nomenclature Part 2 (1993) published by World Health Organization Regional Office for the Western Pacific Manila

Chest & Abdomen 胸部與腹部/胸部与腹部

Reference Code ¹	W. H. O. Code ²		
EXTRA 16	Ex-CA-1	Zi Gong	子宮/子宮

Back 背部/背部

EXTRA 13		Jing Bi	頸臂/頸臂
EXTRA 14		San Jiao Jiu	三角灸/三角灸
EXTRA 15		Ti Tuo	提托/提托
EXTRA 17	Ex-B-1	Ding Chuan	定喘/定喘
EXTRA 18		Jie He Xue	結核穴/結核穴
EXTRA 19	Ex-B-2	Jia Ji	夾脊/夾脊
EXTRA 20	Ex-B-3	Wei Guan Xia Shu	胃管下俞/胃管下俞
EXTRA 21	Ex-B-4	Pi Gen	痞根/痞根
EXTRA 22	Ex-B-7	Yao Yan	腰眼/腰眼
EXTRA 23	Ex-B-8	Shi Qi Zhui	十七椎/十七椎
	Ex-B-5	Xia Zhi Shi	下志室/下志室
	Ex-B-6	Yao Yi	腰宜/腰宜
	Ex-B-9	Yao Qi	腰奇/腰奇

Upper Extremities 上肢/上肢

EXTRA 24	Ex-UE-11	Shi Xuan	十宣/十宣
EXTRA 25	Ex-UE-10	Si Feng	四縫/四縫
EXTRA 26	Ex-UE-4	Zhong Kui	中魁/中魁
EXTRA 27	Ex-UE-9	Ba Xie	八邪/八邪
EXTRA 28		Luo Zhen Xue	落枕穴/落枕穴

¹ Chinese Acupuncture and Moxibustion (1993) by Qiu Mao-liang, Zhang Shan-Chen *et al.* Published by Longman Singapore Ltd. Distributed by Churchill Livingstone Inc., 650 Avenue of the Americas, New York, New York, 10111. ISBN: 0-443-04223-3

² Standard Acupuncture Nomenclature Part 2 (1993) published by World Health Organization Regional Office for the Western Pacific Manila

Reference Code ¹	W. H. O. Code ²		
EXTRA 29	Ex-UE-7	Yao Tong Dian	腰痛點/腰痛點
EXTRA 30	Ex-UE-3	Zhong Quan	中泉/中泉
EXTRA 31	Ex-UE-2	Er Bai	二白/二白
EXTRA 32		Bi Zhong	臂中/臂中
EXTRA 33	Ex-UE-1	Zhou Jian	肘尖/肘尖
EXTRA 34		Jian Qian	肩前/肩前
		(Jian Nei Ling)	肩內陵/肩內陵
	Ex-UE-5	Da Gu Kong	大骨空/大骨空
	Ex-UE-6	Xiao Gu Kong	小骨空/小骨空
	Ex-UE-8	Wai Lao Gong	外勞宮/外勞宮

Lower Extremities 下肢/下肢

EXTRA 35		Huan Zhong	環中/環中
EXTRA 36		Si Qiang	四強/四強
EXTRA 37		Bai Chong Wo	百蟲窩/百蟲窩
EXTRA 38	Ex-LE-2	He Ding	鶴頂/鶴頂
EXTRA 39	Ex-LE-5	Xi Yan	膝眼/膝眼
EXTRA 40	Ex-LE-6	Dan Nang	膽囊/膽囊
EXTRA 41	Ex-LE-7	Lan Wei	蘭尾/蘭尾
EXTRA 42	Ex-LE-10	Ba Feng	八風/八風
EXTRA 43	Ex-LE-11	Du Yin	獨陰/獨陰
EXTRA 44		Li Nei Ting	里內庭/里內庭
	Ex-LE-1	Kuan Gu	髌骨/髌骨
	Ex-LE-3	Xi Nei	膝內/膝內
	Ex-LE-4	Nei Xi Yan	內膝眼/內膝眼
	Ex-LE-8	Nei Huai Jian	內踝尖/內踝尖
	Ex-LE-9	Wai Huai Jian	外踝尖/外踝尖
	Ex-LE-12	Qi Duan	氣端/氣端

¹ Chinese Acupuncture and Moxibustion (1993) by Qiu Mao-jiang, Zhang Shan-Chen *et al.* Published by Longman Singapore Ltd. Distributed by Churchill Livingstone Inc., 650 Avenue of the Americas, New York, New York, 10111. ISBN: 0-443-04223-3

² Standard Acupuncture Nomenclature Part 2 (1993) published by World Health Organization Regional Office for the Western Pacific Manila

Appendix C
附 錄 C



Traditional Chinese Medicine Practitioners and Acupuncturists
Regulation of British Columbia



卑詩省中醫針灸法規

TRADITIONAL CHINESE MEDICINE PRACTITIONERS AND ACUPUNCTURISTS REGULATION

Definitions

1. In this regulation

"**active serious medical condition**" means a disease, disorder or dysfunction which has disabling or life-threatening effects and will not improve without immediate or surgical intervention;

"**acupuncture**" means an act of stimulation, by means of needles, of specific sites on the skin, mucous membranes or subcutaneous tissues of the human body to promote, maintain, restore or improve health or to prevent a disorder, imbalance or disease or to alleviate pain and includes:

- (a) the administration of manual, mechanical, thermal and electrical stimulation of acupuncture needles,
- (b) the use of laser acupuncture, magnetic therapy or acupressure; and
- (c) moxibustion (Jiu) and suction cup (Ba Guan)

"**acupuncturist**" means a registrant authorized under the bylaws to practise acupuncture;

"**dentist**" means a person authorized under the *Dentists Act* to practise dentistry;

"**doctor of traditional Chinese medicine**" means a traditional Chinese medicine practitioner who is authorized under the bylaws to use the title "doctor of traditional Chinese medicine";

"**herbalist**" means a registrant authorized under the bylaws to prescribe, compound or dispense Chinese herbal formulae (Zhong Yi Chu Fang) and Chinese food cure recipes;

"**medical practitioner**" means a person authorized under the *Medical Practitioners Act* to practise medicine;

"**naturopath**" means a person authorized under the *Naturopaths Regulation* to practise naturopathy;

"**prescribe**" means to give directions, either orally or in writing, for the

preparation and administration of a traditional Chinese medicine remedy to be used in the treatment of a disorder or an imbalance;

"traditional Chinese medicine" means the promotion, maintenance and restoration of health and prevention of a disorder, imbalance or disease based on traditional Chinese medicine theory by utilization of the primary therapies of:

- (a) Chinese acupuncture (Zhen), moxibustion (*Jiu*) and suction cup (Ba Guan);
- (b) Chinese manipulative therapy (*Tui Na*);
- (c) Chinese energy control therapy (*Qi Gong*);
- (d) Chinese rehabilitation exercises such as Chinese shadow boxing (Tai Ji Quan), and
- (e) prescribing, compounding or dispensing Chinese herbal formulae (*Zhong Yi Chu Fang*) and Chinese food cure recipes (*Shi Liao*).

"traditional Chinese medicine practitioner" means a registrant authorized under the bylaws to practise traditional Chinese medicine.

Designation

2. (1) Traditional Chinese medicine and acupuncture are designated as health professions.
- (2) The "College of Traditional Chinese Medicine Practitioners and Acupuncturists of British Columbia" is the name of the college established to regulate traditional Chinese medicine and acupuncture.

Reserved titles

3. (1) No person other than an acupuncturist may use the title "acupuncturist".
- (2) No person other than a traditional Chinese Medicine practitioner may use the title "traditional Chinese medicine practitioner".
- (3) No person other than a herbalist may use the title "traditional Chinese medicine herbalist".
- (4) No person other than a doctor of traditional Chinese Medicine may use the title " doctor of traditional Chinese medicine".

Scopes of practice

- 4(1) An acupuncturist may practice acupuncture, including
- (a) the use of traditional Chinese medicine diagnostic techniques,
 - (b) the recommendation of dietary guidelines or therapeutic exercise.
- 4(2) A traditional Chinese medicine practitioner may practise traditional Chinese medicine.

Reserved acts

5. Subject to section 14 of the Act,
- (a) only a traditional Chinese medicine practitioner, acupuncturist or herbalist may make a traditional Chinese medicine diagnosis identifying a disease, disorder or condition as the cause of signs or symptoms;
 - (b) only a traditional Chinese medicine practitioner or a herbalist may prescribe those Chinese herbal formulae listed in a schedule to the bylaws of the College;
 - (c) only a traditional Chinese medicine practitioner or an acupuncturist may insert acupuncture needles under the skin for the purposes of practising acupuncture.

Limitations on practice

6. (1) No acupuncturist or herbalist may treat an active serious medical condition unless the client has consulted with a medical practitioner, naturopath or dentist or doctor of traditional Chinese medicine, as appropriate.
- (2) A traditional Chinese medicine practitioner or an acupuncturist may only administer acupuncture as a surgical anaesthetic if a medical practitioner or a dentist is physically present and observing the procedure.
- (3) An acupuncturist or herbalist must advise the client to consult a medical practitioner, naturopath or dentist or doctor of traditional Chinese medicine if there is no improvement in the condition for which the client is being treated within two months of receiving treatment.
- (4) In the event a client does not consult with a medical practitioner,

naturopath or dentist or doctor of traditional Chinese medicine, an acupuncturist or herbalist must discontinue treatment if

- (a) there is no improvement in the condition for which the client is being treated after four months from the date treatment commenced,
 - (b) the condition for which the client is being treated worsens, or
 - (a) new symptoms develop.
- (5) No acupuncturist or herbalist may use traditional Chinese medicine diagnostic techniques except as authorized in the bylaws.

Patient relations program

7. The college is designated for the purposes of section 16 (2)(f) of the Act.

Appendix D
附 錄 D



Standards of Practice for Registrants



Standards of Practice for Registrants

1) Specialized body of knowledge

Bases practice on traditional Chinese medicine theory and on content from other related health sciences.

- 1.1 Knows how and where to find needed information.
- 1.2 Justifies decisions with reference to knowledge and theory.
- 1.3 Presents an informed view of acupuncture, traditional Chinese herbology and traditional Chinese medicine to others.

2) Competent application of knowledge

Identifies client's actual or potential diagnoses, differentiates syndromes, plans interventions, performs planned interventions and evaluates client outcomes

- 2.1 Uses skills of observation, olfaction, inquiry, palpation and physical assessment to gather information about client status.
- 2.2 Distinguishes between relevant and irrelevant information when determining client diagnoses and differentiating syndromes, referring to other health care practitioners, or evaluating response to treatment.
- 2.3 States client diagnoses and potential health problems in practice setting terminology, using verifiable information.
- 2.4 Plans care based on assessment findings, diagnoses, differentiation of syndromes, cause and extent of disturbance.
- 2.5 Sets priorities when planning and giving care.
- 2.6 Performs planned interventions in accordance with the body of TCM theory, policies, procedures, and these practice standards.
- 2.7 Evaluates client response to interventions and revises the interventions as necessary.
- 2.8 Documents timely and accurate reports of relevant observations, including conclusions drawn from them.
- 2.9 Initiates, maintains and concludes a professional relationship.
- 2.10 Identifies the difference between therapeutic communication skills and social interaction behaviours and uses each appropriately.

3) Responsibility and Accountability

Maintains standards of acupuncture and traditional Chinese herbology and traditional Chinese medicine practice and professional behaviour determined by the College of Registrants of B.C. Regulations and Bylaws, the Health Professions Act, and the practice setting

- 3.1 At all times is accountable and takes responsibility for own actions.
- 3.2 Functions in accordance with relevant legislation and standards of practice of licensed Registrants.
- 3.3 Follows, develops and changes relevant facility, agency or department policies and standards.
- 3.4 Advocates improvements in clinical acupuncture, traditional Chinese herbology and traditional Chinese medicine practice and health care.
- 3.5 Delegates to students or non-registrants only those tasks that are appropriate commensurate with their skills, knowledge and abilities.

4) Provision of Service to the Public

Provides health care services and refers clients to health care professionals in providing acupuncture and traditional Chinese herbology and traditional Chinese medicine services

- 4.1 Communicates with and refers to other health care professionals about the client's care.
- 4.2 Exercises appropriate judgment in performing treatments.
- 4.3 Directs and/or participates in quality improvement initiatives.
- 4.4 Explains services to clients and others.

5) Code of Ethics

Adheres to the Code of Ethics of the College of Registrants of British Columbia

- 5.1 Promotes a client's right to autonomy, respect, privacy, confidentiality, dignity and access to information.
- 5.2 Assumes responsibility for ensuring that relationships with clients are therapeutic and professional.
- 5.3 Ensures that practice is congruent with the Canadian Charter of Rights and Freedoms.
- 5.4 Demonstrates honesty, integrity and respect for their clients, members of their own profession, other health care providers, and the public.
- 5.5 Reports unsafe practice or professional misconduct to appropriate authority.

6) Self-Regulation

Assumes primary responsibility for maintaining competence, fitness to practice, and acquiring evidence-based knowledge and skills for professional practice

- 6.1 Invests time, effort, and other resources in maintaining evidence-based knowledge and skills for practice.
- 6.2 Practices within own level of competence.
- 6.3 Maintains current licensure.
- 6.4 Maintains own physical, mental and emotional well-being.