

Disclaimer: The following sample form is provided for illustrative and educational purposes only. It is created to show how PSP templates can be used to complete each step in the Practice Support Program.



College of
TRADITIONAL
CHINESE MEDICINE
PRACTITIONERS +
ACUPUNCTURISTS
of British Columbia

900-200 Granville Street
Vancouver, BC, V6C 1S4
ctcma.bc.ca

T (604) 742-6563
Toll Free 1-855-742-6563
F (604) 357-1963
E info@ctcma.bc.ca

PRACTICE SUPPORT PROGRAM

Step 4: PROFESSIONAL DEVELOPMENT PLAN – Evaluate Activities (SAMPLE)

Name:

My Quality Assurance (QA) Cycle is from , 20 to March 31, 20

For each Learning Activity you completed, evaluate and self-reflect on the learning outcome. Use the examples of reflective questions below to guide your evaluation of the impact the learning activity has had on your practice.

Reflective Questions

- *How does this learning activity meet the learning objective(s) set in your Continuing Professional Development Plan?*
- *What impact did this learning have on your practice? What are specific outcomes you have noticed?*
- *What did you learn about yourself or your practice by completing this learning activity?*
- *Did you identify any new areas for further growth as a result of this learning activity?*



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Learning Activity 1_:

I took the course "Characteristics of effective patient record management" from the TCM association ABC.

Completion Date:

December 5, 2023

Evaluation / Self-Reflection of the learning activity in meeting your learning objective(s): 

1. This learning activity was directly related to my Continuing Professional Development Plan goal of gaining a deeper understanding of patient record security, retention, and access regulatory standards. The course covered key principles of effective patient record management, including data accuracy, accessibility, and confidentiality. By taking this course, I have developed a deeper understanding of how to manage patient records effectively, with a strong focus on patient-centered care.

2. This learning has had a significant impact on my practice, particularly in terms of improving patient record management. I have noticed several specific outcomes, such as improved data security and accessibility, which has led to an improvement in patient satisfaction. Additionally, I have become more confident in my ability to manage potential breaches of patient confidentiality and to advocate for patients' privacy and security rights.

3. By completing this learning activity, I learned that effective patient record management is a critical aspect of providing patient-centered care. I also recognized the importance of staying up-to-date on the latest regulatory developments in patient record management, and I will continue to prioritize this in my practice. I discovered that I have a strong interest in patient privacy and security, and I will work to ensure that all patient records are managed in a way that prioritizes these principles.

4. As a result of this learning activity, I identified several new areas for further growth, such as improving my communication with patients about their rights to access and custody their health information. Additionally, I recognized the importance of collaborating with other healthcare professionals to ensure that patient records to ensure continuity of care. Finally, I will seek out opportunities to stay informed about the latest practice standard on patient record management and to continue learning about best practices in this area.



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(Note: Make multiple copies of this page to fill in an evaluation for each of your learning activities.)

Learning Activity 2 :

I scheduled and attended three 1-hour monthly TCM/A peer-group discussions on "Acupuncture and Auto Injury Rehabilitation."

Completion Date:

July 15, 2023

Evaluation / Self-Reflection of the learning activity in meeting your learning objective(s): 

Participating in the three 1-hour monthly traditional Chinese medicine and acupuncture peer-group discussions about treating car accident injuries has been a valuable learning experience that has met my learning objectives for my Continuing Professional Development Plan.

Firstly, this learning activity has allowed me to achieve my goal of learning three new acupuncture protocols from experienced practitioners who have treated car accident injuries. I was able to learn about different protocols used by different practitioners, and their experiences in treating these types of injuries.

Secondly, the impact of this learning has been significant in my practice. Specifically, I have noticed that I am now able to develop more effective treatment plans for patients who have been involved in car accidents. Additionally, I have been able to provide more detailed and informed advice to patients about the types of treatments they should expect to receive and how long they should anticipate their recovery to take.

Thirdly, through participating in these discussions, I have learned more about myself as a practitioner. I have realized that it is essential to continually update my knowledge and skills to provide the best possible care to my patients. I have also learned that it is helpful to have a network of peers with whom I can discuss challenging cases and seek advice.

Finally, this learning activity has identified areas for further growth in my practice. In particular, I have identified the need to continue to stay up-to-date with the latest research and literature in my field and to participate in more peer-group discussions to continue to develop my knowledge and skills.